

Betsy Helmer



AEA

Height: 5'6"

Vocal Range: Soprano (E3-E6)

202-429-4785

actors@capitalltalentagency.com

TELEVISION

<i>Shadow of Doubt</i> (ep. 104)	Supporting	Discovery Channel/Dir. Christian Faber
<i>Thinking Money</i>	Featured	PBS/Rocket Media Group/Dir. Tom Feliu
<i>American Supernatural</i>	Lead	The Weather Channel/Dir. Stefan Wesien

FILM

<i>Frempty: For Empty Relationships</i> (short)	Lead	Dir. Brad Johnson
<i>Funeral Party</i> (short)	Lead	Dir. Brad Johnson
<i>Business Pro</i>	Featured	VIVA Creative/Dir. Justin Toops
<i>Fast Girl</i>	Lead	Georgetown University/Dir. John Onieal

FILM

<i>Civil War Christmas</i> (podcast)	Voiceover	Georgetown University Dept. of Performing Arts
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THEATRE

<i>Pilgrims</i>	Girl	Urbanite Theatre/Dir. Carl Forsman
<i>Women in Jeopardy</i>	Amanda	Pioneer Theatre Company/Dir. Karen Azenberg
<i>The Fox on the Fairway</i>	Louise	Arrow Rock Lyceum/Dir. Peter Reynolds
<i>Murder on the Nile</i>	Christina	Arrow Rock Lyceum/Dir. Michael Rothhaar
<i>As You Like It</i>	Rosalind	Alabama Shakespeare Fest/Dir. Greta Lambert
<i>The Importance of Being Earnest</i>	u/s Cecily Cardew	Alabama Shakespeare Fest/Dir. Geoffrey Sherman
<i>Alice in Wonderland</i>	Queen of Hearts/ Edith/Cook	Alabama Shakespeare Fest/Dir. Nancy Rominger
<i>A Christmas Carol</i>	Catherine/Caroler	Alabama Shakespeare Fest/Dir. Diana Van Fossen
<i>The "T" Party</i>	Elizabeth	Forum Theatre/Dir. Natsu Onoda Power
<i>Sweeney Todd</i>	Pirelli	Mask and Bauble Dramatic Society/Dir. Alice Cash

STAGED READINGS (SELECTED)

<i>Cleave</i>	Pina	Kennedy Center MFA Playwrights/Dir. Will Davis
<i>The Family That Lays Together</i>	Nella	Arena Stage/Dir. Shawn Northrip
<i>Pullman Car Hiawatha</i>	Insane Woman	Ford's Theatre/Dir. Susan Lynskey
<i>Brother of War</i>	Nancy	Kennedy Center Page-to-Stage/Dir. Maya Roth

TRAINING

BA Theater and Performance Studies, Georgetown University, Washington, DC (Magna Cum Laude)

Upright Citizen's Brigade Theatre – Advanced Study Program, New York, NY

Instructors: Molly Lloyd, Nicole Drespel, John Timothy, Zack Willis, Johnna Scrabis, James Dwyer

Team Coaches: Connor Ratliff, Ray Cordova, Christopher Scott

Shakespeare (Voice and Text): Ellen Newman, RADA

Acting for TV and Film: James Calleri, The Company Acting Studio

Acting for Commercials: Stacy Gallo

Physical Theatre: Pig Iron Theater Company, Synetic Theater Company

Vocal Training/Performance: Tracy Olivera (Musical Theatre/Pop), Canangela Robertson (Jan Smith Studios), Elizabeth Colson Studios (Opera), Georgetown University's Saxatones (A Cappella)

SKILLS

Dialects (Southern, British, Cockney, NY, French, Russian, German), Certified Power Yoga Instructor (200 Hours), Inversions, Splits, Jump rope, Basic guitar, Conversational French, Conversational ASL, Long form improv